



RESPECT, RESPONSIBILITY, INCLUSIVITY PENOLA PRIMARY NEWS

Issue 7

5th June 2020

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Government of South Australia
Department for Education

Calendar of Events Term 2

JUNE

Monday 8th PUBLIC HOLIDAY

Tuesday 9th Pupil Free Day

Monday 22nd –Friday 26th Footsteps

Principal's Report

How lucky were we with the weather for our Virtual Cross Country? Our students have been training hard for this for several weeks and the level of participation was excellent. Congratulations to those students who ran exceptionally well and especially to those students who stepped out of their comfort zone to participate. These students should be extremely proud of themselves. They have demonstrated resilience, perseverance and confidence. A job well done by everyone involved.

Skipping has been a strong feature of our yard play in recent weeks. Today we held our Jump Rope for Heart event. The school was a sea of red and all students participated with enthusiasm. While participation in this event is fun, it is also important for students to understand the importance of their participation. We were fortunate to have Tara Batt visit and speak to the whole school about the importance of keeping our hearts healthy and the impact of heart disease. Thank you Tara and Henry for sharing your story. The day was thoroughly enjoyed by all.

Kind regards,

Anna

Respect, Responsibility, Inclusivity

Pupil Free

Just a reminder that there is a Pupil Free on **Tuesday 9th June** (day after the public holiday). Staff will use this time to moderate student work to ensure a consistent approach from Foundation to Year 7. We will be supported by the Learning Improvement team.

Virtual Tour

Hopefully many of you have already watched our Virtual Tour. For a number of years we have held our Principal's Tour and Open Day towards the end of term two. This year, however, due to COVID-19 restrictions, we are unable to do this. Instead, students and staff have produced a virtual tour for our school and wider community. The video highlights our supportive school community and the extensive learning opportunities and extra-curricular activities that Penola Primary offers.

You can view the highlights version on the school's Face Book page and the full version on our school website

<https://penolaps.sa.edu.au/>

Men's Shed and Beach Energy – Thank you

On Wednesday we received two new tables to complement our junior primary outdoor learning space. These tables were constructed by the gentlemen from the "Men's Shed" and kindly donated by Beach Energy. We would like to thank Jon, Loo and Emily from Beach Energy for their generous donation and for supporting our school.



Nature Play Space and Digging Patch

As you may be aware the concrete tunnels, dirt and large rocks have arrived. The Environment Group has planted the seedlings for this area, currently in the greenhouse, and Matt's Crew has been developing the new digging patch.

To continue the development of these areas we are asking for donations of red/blue gum logs that are approximately 2m long x 150 - 200 mm diameter. We require 100 linear metres in total. If you are able to contribute to any red/blue gum logs of this size, it would be greatly appreciated. We also need logs 1 metre long by 300-400mm in diameter. These will be used as stepping logs.

To complete the digging patch we also need spades, buckets and outside Tonka trucks/toys. If you have any at home that are no longer required, we would gratefully accept any donations.



Student Wellbeing News

Since last year we have been developing Interoception awareness across our site. Interoception awareness is '*...broadly defined as the conscious perception of an internal bodily state, for example one's breathing and heart beating*' (Interoception 301, Goodall et al, 2019). For some children, explicit learning around what they feel, and where they feel different emotions and bodily signals, is vital in regards to their ability to self-regulate and identify hazardous risks. We have also set up an Interoception room for children to (access with an educator) as a calm-down space to help children reset their bodies and mind ready for learning. The Interoception room is located in the Unit. Please feel free to pop your head in before or after school to have a look, or arrange a time to see me if you have any questions.

Karmel Finch

Student Wellbeing Coordinator

Canteen News

The canteen has reopened and will be open on Wednesdays at recess for munchies only and open recess and lunch Thursdays and Fridays (full menu).

Community News



INTER CFC
CASADIO PARK, BAY ROAD
MOUNT GAMBIER

INTER SC
MT GAMBIER

UNDER 13 AND UNDER 16
GIRLS COME & TRY SESSION
WEDNESDAY 10TH JUNE
5:30PM - 6:30PM

Any questions please contact Chris Hockey:
0403913199



Foundation and Year 1 children were creating and learning about an Indigenous flag. We learnt that the red area of the flag represents the land, the black represents people and the yellow centre represents the sun; so children decided to draw lands, people and suns on those areas of the flag.



The Year 1/2 Class and Year 2/3 Class drew and decorated hands to say sorry for reconciliation week.



Year 3/4 Poetry



Bridge Walk for Reconciliation

Miss Petzke's Year 3/4 Class



Ms Holberton's Year 4/5 Class



Penola Primary School

Cross Country

4th June 2020

On Thursday, June 4th, Penola Primary School conducted its first ever cross country, with all kids from Foundation through to Year 7 taking part in some capacity. Out of our 183 students, 160 signed up to complete the official distances, while 23 took up the option of running a modified course.

The event was conducted in conjunction with School Sport SA's virtual cross country event which schools from across the state held on their own sites.

In collaboration with our SRC and our house team leaders, we decided to also make the cross country a house team event, due to the level of interest being so high amongst our student population. Rymill was the winning team of our inaugural cross country with Woods close behind in second spot. Placegetters in each division were as follows:

DIVISION	PLACE	NAME		DISTANCE	TEAM
5 BOYS	1ST	FLETCHER	LYDEAMORE	500m	WOODS
6 GIRLS	1ST	ALI	HAMMER	750m	GORDON
	2ND	CHARLIE	MCCULLOCH	750m	DICKSON
	3RD	ELIZA	THOMAS	750m	DICKSON
6 BOYS	1ST	MATEO	CONTI	750m	RYMILL
	2ND	CALEB	BRAITHWAITE	750m	GORDON
	3RD	JACK	SKEER	750m	RYMILL
7 GIRLS	1ST	ZALI	LYDEAMORE	1000m	WOODS
	2ND	MADELEINE	MCGREGOR	1000m	WOODS
	3RD	IMMY	FINCH	1000m	GORDON
7 BOYS	1ST	AXEL	REEVES	1000m	WOODS
	2ND	CODY	GARTNER	1000m	RYMILL
	3RD	HUGO	WILLSON	1000m	RYMILL
8 GIRLS	1ST	EMMIE	COPPING	1500m	RYMILL
	2ND	RUBY	HACKWILL	1500m	GORDON
	3RD	BONNIE	SKEER	1500m	RYMILL
8 BOYS	1ST	ZAVIER	BAVERSTOCK	1500m	DICKSON
	2ND	CORMAC	OBRIEN	1500m	WOODS
	3RD	ARCHIE	ARNEY	1500m	DICKSON
9 GIRLS	1ST	MILLY	FINCH	1500m	GORDON
	2ND	ISOBEL	THOMAS	1500m	DICKSON
	3RD	ELLIE	WESTON	1500m	WOODS
9 BOYS	1ST	DAXTON	BRYANT	1500m	RYMILL
	2ND	LACHLAN	ELLERY	1500m	GORDON
	3RD	AIDAN	GARTNER	1500m	RYMILL
10 GIRLS	1ST	MAGGIE	BELL	2000m	WOODS
	2ND	ZALI	ARNEY	2000m	DICKSON
	3RD	AMY	ROWNTREE	2000m	RYMILL
10 BOYS	1ST	BRODY	MCDONALD	2000m	WOODS
	2ND	LIAM	SHARAM	2000m	RYMILL
	3RD	JORDAN	EDWARDS	2000m	GORDON

11 GIRLS	1ST	ELLA	SKEER	3000m	RYMILL
	2ND	CHIARA	WAGNER	3000m	WOODS
	3RD	LOUISE	STANLEY	3000m	GORDON
11 BOYS	1ST	JOEL	CRAWFORD	3000m	GORDON
	2ND	LUC	BAVERSTOCK	3000m	DICKSON
	3RD	FINN	WOOLSTON	3000m	WOODS
12 GIRLS	1ST	TEGAN	LYTHGO	3000m	WOODS
	2ND	NELLIE	LEAR	3000m	RYMILL
	3RD	MACEY	OBRIEN	3000m	WOODS
12 BOYS	1ST	BEN	COPPING	3000m	RYMILL
	2ND	BODIE	LEAR	3000m	RYMILL
	3RD	FINN	SKEER	3000m	RYMILL
13 GIRLS	1ST	ROSIE	MOORHOUSE	3000m	DICKSON
	2ND	ZARA	KELLETT	3000m	GORDON
	3RD	AMBER	MORTON	3000m	WOODS
13 BOYS	1ST	RILEY	EDWARDS	3000m	GORDON
	2ND	JACK	SHARMAN	3000m	DICKSON
	3RD	JACE	MINGE	3000m	RYMILL

It is important to note, that like other sporting events, cross country is not just about who is first across the line. Like lots of things in life, cross country is hard work. And for some people, it's much harder than it is for others. However, if you train and have a positive attitude, the work becomes easier and your results improve accordingly. There were so many examples of kids showing tremendous persistence, resilience, and good sportsmanship throughout the day (and during our training sessions) that one could not help but be filled with pride at the manner in which our students conducted themselves.

Our principal, Anna Copping, wrote the following text, which is not only a beautiful summation of what she witnessed during the event, but also a testament to the courage and character of our kids, and to the values of Penola Primary School:

What did I see today...?

I saw a young man who was going to give up, finish.

I saw a young lady who wasn't participating yesterday, giving her all today.

I saw the winner of one race do another lap to support those who were still running.

I saw words of support and encouragement being offered to those who were struggling.

I saw a little girl get knocked over, get back up, put her shoe back on, dust herself off, and go on to win her race.

I saw a whole school cheering and clapping for a student as they crossed the finish line.

I saw competitiveness and sportsmanship.

I saw students striving to improve, determined to do their best.

I saw students giving their all.

I saw perseverance, I saw resilience, I saw courage.

Well done to the students of PPS. You make me so proud.

Mrs Copping

A huge vote of thanks is extended to all of our staff who, over the last few weeks, went out of their way to support our students in achieving their goals. Thanks also to Matt for all of the extra work he did and to Kristy Radford who gave up her time to take some great photos of the event.



Placegetters



Eliza, Charlie and Ally



Madeleine, Zali and Immy



Bonnie, Emmie and Ruby



Ellie, Millie and Isobel



Amy, Maggie and Zali



Louise, Ella and Chiara



Nellie, Teagan and Macey



Amber, Rosie and Zara

6 Year old Division



Mateo, Caleb and

7 Year old Division



Cody, Axel and Hugo

8 Year old Division



Archie, Zavier and Cormac

9 Year old Division



Aiden, Daxton and Lachlan

10 Year old Division



Liam, Brody and Jordan

11 Year old Division



Finn, Joel and Luc

12 Year old Division



Finn, Ben and Bodie

13 Year old Division



Jace, Riley and Jack

Jump Rope for Heart SRC Fundraiser 5th June 2020

On the Friday, 5th of June, Penola Primary School hosted a 'Jump Rope For Heart' day, where all the students participated in an hour-long jumping session. Not only did we raise money for the Heart Foundation, we learnt new skills such as double dutch, fling, and group skipping. We were able to create new relationships with the younger students, as we encouraged them to skip, by turning the ropes and teaching them new skills. At the end of the session it was very rewarding to see the smiles on their little faces. After lunch, we had Tara Batt visit to speak to us about the foundation and how



important it is to our community. We then concluded the day with a whole school skipping session. Thank you to everyone who supported our fundraiser by donating money, and for raising awareness for such an important foundation.

To raise extra funds the SRC sold hair ties and headbands for students to wear on the day, enabling us to contribute an extra \$150 to the Heart Foundation. From the beginning the SRC and students decided not to receive the prizes offered by the foundation for their fundraising. Instead, students decided to get involved and raise funds because it is a cause that impacts our whole community and they wanted more money to go the Heart Foundation.

All in all, it was an amazing day and we are very happy with the amount of money we raised as a school, with a total of **\$7126** (by 2:30 this afternoon). We will announce the final total in the next newsletter.

Thank you to everyone who has donated and helped to make our day a huge success and a wonderful school event.

By Rosie and Zara

More photos to come.



**Heart
Foundation**
Jump Rope for Heart

Penola Primary School Planner -Term 2



1	27/4	28/4	29/4	30/4	1/5
2	4/5	5/5	6/5	7/5	8/5
3	11/5	12/5	13/5	14/5	15/5
4	18/5	19/5	20/5	21/5	22/5
5	25/5	26/5	27/5	28/5	29/5
6	1/6	2/6	3/6	4/6  Cross Country	5/6  Heart Foundation Jump Rope for Heart
7	8/6 PUBLIC HOLIDAY	9/6 Pupil free day	10/6	11/6	12/6
8	15/6	16/6	17/6	18/6	19/6
9	22/6 Footsteps	23/6	24/6	25/6	26/6
10	29/6	30/6	1/7	2/7 JP Games	3/7



**McKay
Children's Centre
Penola**

7 Scott Street, Penola SA 5277
Telephone: 08 8737 2535 Fax: 08 8737 2821
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2020 VACATION CARE - EXPRESSION OF INTEREST

We are looking to offer Vacation Care during the July 2020 holidays
(dependant on viable numbers).

Name, Email and Number of Parent Contact:

Names and age/s of Child/children:

I would be interested in having my child/ren attending the Vacation Care program for Term 2 Holidays:

06th July - 10th July 2020: please tick day/s

Monday (06/07/20)	Tuesday (07/07/20)	Wednesday (08/07/20)	Thursday (09/07/20)	Friday (10/07/20)
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13th July - 17th July: please tick day/s

Monday (13/07/20)	Tuesday (14/07/20)	Wednesday (15/07/20)	Thursday (16/07/20)	Friday (17/07/20)
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Would you support the idea of external excursions? YES / NO

Would you be prepared to pay a small additional cost on excursion days if required? (Suggestions welcome) YES / NO

**PLEASE COMPLETE AND RETURN FORM TO OSHC / MCKAY ADMIN
OFFICE BY FRIDAY 12 JUNE 2020**