



RESPECT, RESPONSIBILITY, INCLUSIVITY PENOLA PRIMARY NEWS

Issue 7

21st May 2021

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Government of South Australia
Department for Education

Calendar of Events Term 2 2021

TERM 2

May

Wednesday 26th Principal's Tour

Monday 31st Footsteps Week starts

June

Tuesday 1st—Friday 4th Footsteps Week
Sapsasa Netball and Football Week

Monday 7th & Tuesday 8th Environment Camp

Monday 14th Queen's Birthday Public Holiday

resilience. Children are not dealing with their own issues and learning the lessons that come from that. – “Kids will never become resilient if parents are fighting their battles for them.” (Hugh Van Cuylenberg). If you are concerned by something your child has told you has happened at school or you have heard something you find concerning, please ask a question before making an accusation. The majority of ‘incidents’ are simply misunderstandings that can be resolved with a conversation.

Hugh also discusses that despite living in one of the luckiest countries in the world, Australians are seven times more likely to see the negative in a situation. To help our children with this we need to change their mindset, which will help to improve their mental health. Many of you would have heard about doing daily gratitude's. Hugh suggests rather than doing “three things you are grateful for” every day, ask your children (and yourself) “What are you grateful for today?” When we list what we are grateful for we tend to start to repeat ourselves after three days but when we ask what went well today we are focussing on the good things about that day. They can be small such as having a great cup of coffee to something bigger. Doing this regularly helps our children (and ourselves) start to develop the ability to see the good in a situation rather than the negative.

If you are looking for more information on developing children's resilience you can read Hugh's book “The Resilience Project” or listen to his podcasts.

Kind regards,

Anna

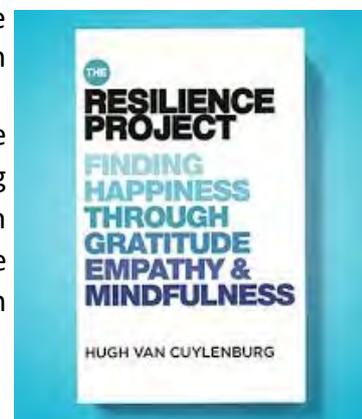
Respect, Responsibility, Inclusivity

Principal's Report

I have been listening to a podcast by Hugh Van Cuylenberg, author and owner of ‘The Resilience Project’. In this podcast, Hugh talks about how schools and teachers can work together to develop children's resilience and why this is important. Hugh refers to figures from the World Health Organisation that show that in 2030 the highest ranking illness in Australia will be depression and the highest ranking cause of death will be suicide. Alarmingly, the children this will impact are already in our schools. Hugh talks about their lack of resilience being a large contributing factor.

At PPS we have worked with students and talked with families about developing children's resilience; it is crucial we work together. Hugh spoke specifically about parents supporting teachers and not fighting their kids' battles for them. Teachers are highly skilled and highly trained professionals. However, there will be times when we will make mistakes; we are human. If we make a mistake this is a great opportunity to teach our children that it is ok to make a mistake, learn from it and move on. We all make mistakes; that's life! What our children need is for families to work with us.

The issue is if parents continue to fight their children's battles for them their children will never develop



Penola Primary and the Penola Coonawarra Arts Festival

To our students and educators, congratulations on a successful art exhibition. Your time, effort, and the talented work that has gone into the art exhibition, were very much appreciated and a shining example of what we do at Penola Primary School.



Thank you to everyone who supported our art exhibition, the opening and our cake/treats stall. We are fortunate to be part of such a supportive community. Again, a thank you full of gratitude and appreciation to our Parent/Friends Volunteer Group and volunteers. We cannot do these things without you. We are very lucky to have such hard-working and supportive volunteers and people who are willing to donate. THANK YOU!



SRC News

This week our SRC (Student Representative Council) Executives attended the GRIP Leadership conference in Mount Gambier, along with 40 other schools. They learnt what a good leader is and effective strategies to lead change. It was a highly engaging day.



Canteen News

Hot Chocolates are back this term for \$1.



Canteen Duty

Friday 28th May - Nerrissa Dohnt

Friday 4th June - Sue Bell

Friday 11th June – Katrina Merrett

Friday 18th June - Louise Poynter

Munchies

Wednesday 26th May

Monique Jackson

Deanne O'Brien

Katherine Hunter

Mel Catlin

Wednesday 2nd June

Donna de Blaauw

Peta Baverstock

Meg Redman

Anna McGregor

Wednesday 9th June

Amy Vaughan

Naomi Baugh

Nerrissa Dohnt

Pat Sharam

Wednesday 16th June

Emma Lydeamore

Alana Croft

Charmaine Moulton

Angela Lythgo

Penola Primary School 2021 Planner -Term 2



1	26/4 Anzac Day Public holiday	27/4 Year 7 Camp to Robe	28/4	29/4	30/4 Sapsasa Golf at the Penola Golf Course
2	3/5 Year 6 Camp to Robe	4/5	5/5	6/5	7/5 Naracoorte Cross Country
3	10/5 Naplan	11/5 Governing Council Meeting	12/5	13/5	14/5 Art Festival Art Show @ The Cobb & Co
4	17/5 Naplan	18/5	19/5 SRC GRIP Leadership Conference—Mount Gambier	20/5	21/5 Pupil Free Day
5	24/5	25/5	26/5 Principal Tour	27/5	28/5 Assembly—Year 2
6	31/5 Sapsasa -Football and Netball Week Footsteps Week	1/6	2/6	3/6	4/6
7	7/6 Environment Camp	8/6 Environment camp	9/6	10/6	11/6 Assembly—F/1B Bohmer
8	14/6 Queen's Birthday Pupil Holiday	15/6 Interviews start	16/6	17/6	18/6
9	21/6	22/6	23/6	24/6	25/6 Assembly—F/1 Rowntree
10	28/6	29/6	30/6	1/7	2/7 Assembly—SRC



PENOLA PRIMARY SCHOOL

PENOLA PRIMARY SCHOOL PRINCIPAL'S TOUR 26TH MAY 2021

Principal, Anna Copping, her leadership team, Tony O'Connell and Karmel Finch, and our Student Representative Council (SRC), cordially invites prospective parents/caregivers, students and friends of Penola Primary to meet with them and tour our school.

The leadership team and SRC will welcome visitors to our school and provide an overview of our curriculum, values, and ethos. They will be available to answer specific questions about transition from Kindergarten to Foundation, and what's on offer in terms of our programs and facilities.

Penola Primary is a dynamic and progressive Foundation to Year 7 school with strong links to the community. The school's focus is to develop the whole child; intellectually, socially, physically, culturally, and emotionally. The learning opportunities at Penola Primary School are stimulating and challenging, with an emphasis on Literacy and Numeracy. The school is proud of its commitment to the provision of a wide variety of programs and activities, including STEM, Japanese, Music, Arts, After School Sports, and Environmental programs.

**PLEASE MEET AT THE
SCHOOL LIBRARY AT
9:30AM ON
WEDNESDAY, 26TH
MAY TO TOUR OUR
SCHOOL. MORNING
TEA WILL BE
PROVIDED AFTER THE
TOUR IN OUR SCHOOL
LIBRARY AT 10:30AM.**

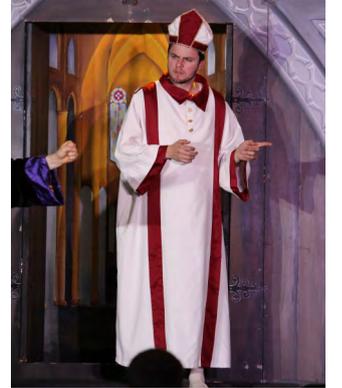
***IF YOU ARE UNABLE TO
ATTEND THE TOUR, PLEASE
CONTACT THE SCHOOL ON
87372 300 TO ARRANGE
ANOTHER TIME.**

VISION STATEMENT

Penola Primary School will be a supportive and progressive community where all individuals are respected and valued. Leading teaching practices and high expectations will inspire our students to become informed, compassionate, active global citizens.



Alpha Show presents:
Hunchback of
Notre Dame



Help Wonder turn **BREAD BAGS** into **SCHOOL PLAY EQUIPMENT**

It's simple...

1

Collect your empty bread bags and tags



2

Recycle them at school in Wonder's pink Collection Bin
(There is a separate box for bread tags).



3

We'll earn reward points to redeem new sports equipment for every 5kg bin filled!



Our school is in the draw to **WIN 1 of 5** exercise circuits made from recycled plastic we collect!

LET'S GET RECYCLING!



Tag Wonder on social **#wonderrecycling** to share all your recycling champion stories!



SPELD SA Free Parent Workshops - Millicent

SPELD SA is pleased to be able to share a rural and regional event that will be held on Friday 28th and Saturday 29th May 2021 at the Millicent Library.

The following 10 free workshops are suitable for parents of children in preschool, junior, primary and secondary schools. Numbers are limited, so book early. Some workshops are repeated on the second day.

Please share with family, friends and SSOs, teachers and other professionals, all welcome. Note content is directed at parents.

Find out more and register through: <https://www.spelsa.org.au/regional-parent-workshops>

1. Writing using a six box in planning – all genres – all year levels – paper based or PowerPoint - Presenter: Sandy Russo

Writing involves many processes and by the time pen touches paper and the challenge of working out how to spell the first word or even which word to use is reached by a struggling writer, the rest of their ideas have disappeared from their memory.

This session focuses on how a six-box structure can be used when planning any writing task in a paper-based form and in PowerPoint. The six-box structure is also easily used in a PowerPoint platform which helps students with working memory issues. You will leave the session with the knowledge of how to use a six box and the different strategies and programs that Sandy finds useful with the students she works with.

Fri. 28 May 2021: 9:00 am – 11:00 am ACDT

2. Sensory Integration - making sense of our bodies - Presenter: Jan Daly

Sensory integration is crucial for successful functioning, self-esteem, socialisation, concentration, and learning. This hands-on workshop explores the various components of sensory integration and its role in development and learning.

Many children experience an imbalance in their sensory development, impacting their day-to-day capabilities and interaction. This informative and motivating workshop provides simple practical strategies and resources for use at both home and school, with examples of how to integrate these across a range of activities.

Suitable for parents, teachers, SSOs, tutors, and the wider community, with particular emphasis on preschool and primary-aged children.

Fri. 28 May 2021: 9:00 am – 11:00 am ACDT



3. Hearing Sounds in Words (Phonemic Awareness) – a key literacy skill - Presenter: Sandy Russo

This hands-on workshop will investigate the relationship between 'hearing sounds in words' and the development of literacy – reading, writing, and spelling. Participants will leave equipped with:

- an insight into the numerous phonemic (sound) aspects of literacy
- strategies to support your child's literacy development
- games and activities to nurture your child's literacy development

Suitable for parents of students struggling to spell and read

Fri. 28 May 2021: 11:30 am – 1:30 pm ACDT

4. An Introduction to Inference (Reading comprehension)- Presenter: Jan Daly

Reading Detectives - Inference – A Key Reading Comprehension Skill

Inference is one the most important yet trickiest reading comprehension skills to both teach and learn. If not mastered, the reader may often only read at a superficial level, missing many key and often veiled messages.

This interactive fun and practical workshop, demonstrating how readers are real-life detectives, investigates the skill of inference, considers relevant strategies, and actively engages participants in fun and practical inference activities.

Fri. 28 May 2021: 11:30 am – 1:30 pm ACDT

5. Dyslexia: What it is and how to help at home - Presenter: Sandy Russo

This session looks at the problems encountered by students with dyslexia (all ages) and the ways in which they can be assisted. Each family attending will receive a copy of the AUSPELD Understanding Learning Difficulties Guide to take home as a reference guide.

Fri. 28 May 2021: 2:00 pm – 4:00 pm ACDT

Sat. 29 May 2021: 9:00 am – 11:00 am ACDT

6. Executive Functioning Skills – Focus on R-6 (but relevant to all year levels). Presenter: Jan Daly

Assist your child develop the 10-key executive functioning skills for everyday task participation and completion.

Executive functioning skills are the set of mental skills that enable individuals to effectively and successfully participate in activities and interactions and complete everyday tasks, (inclusive of planning, organisation, time management, working memory, self-monitoring, self-control, attention, task initiation, flexible thinking, and perseverance). We all have areas of strength and weakness with these skills, but some individuals find these particularly challenging, e.g. those with Specific Learning Disorders (e.g. dyslexia), ADHD, ADD and ASD.

In this hands-on workshop, participants will gain an introductory insight into each of the 10 key executive functioning skills, and examine simple strategies, while simultaneously preparing relevant visuals/materials to take home to assist children develop these skills.

Fri. 28 May 2021: 2:00 pm – 4:00 pm ACDT

Sat. 29 May 2021: 2:00 pm – 4:00 pm ACDT

7. Dyscalculia: Developing an insight into number in a meaningful, hands-on, and fun way:

Number Sense Fun! Pattern work! - Presenter: Jan Daly

Number sense is the basis for mathematical understanding and development. Numbers follow patterns! Patterns are fun!

Through hands-on activities, use of concrete materials, and considering the many ways we use and apply number in our daily activities, participants will investigate and develop a resource of simple fun ways (including strategies, activities and games) they apply or use at home and in the community to assist their child master a solid understanding of number. Suitable for parents of Preschool to Year 4

Sat. 29 May 2021: 9:00 am – 11:00 am ACDT

8. Resilience and Self-Esteem - Presenter: Jan Daly

Brain research reveals that emotions, such as anxiety, anger, and depression, place us in a state of alert - fight or flight – impacting our state of alertness and ability to concentrate and learn.

This practical workshop, through interactive activities, provides support for parents to equip children with the strategies to develop optimism, positive self-esteem, resilience, and a growth mindset. These aim to assist them to overcome obstacles, meet challenges assuredly, feel included and happy, and continually learn, developing into calm, optimistic and self-assured young people.

Sat. 29 May 2021: 11:30 am – 1:30 pm ACDT

9. Technology that helps dyslexic students - Presenter: Sandy Russo

Come and look at some of the best assistive and remedial software for students (all ages) who have difficulties in literacy and numeracy. We will explore what works and how to use it.

Sat. 29 May 2021: 11.30 am – 1:30 pm ACDT

10. Developing their Vocabulary – Presenter: Sandy Russo

Reading and talking with children plays an important role in developing their vocabulary. The more you read to children and then discuss what you have read, the more understanding students get about words and their world. This session will look at how you can help your child develop stronger vocabularies, from pre-schoolers to high schoolers using books, playing games, watching film clips, and having discussions daily. We will also look at shades of meanings of words and idioms and sayings your child may find hard to understand.

Sat. 29 May 2021: 2:00 pm – 4:00 pm ACDT

Thank you to the Hon John Gardner MP for supporting this initiative.

